Purpose and Goals of the Wellness and Conditions of Service Committee

Pursuant to Article 22.3 of the CAPCJ Constitution and as approved by the CAPCJ Board of Directors on June 16, 2022, the President has created a "Special Committee" to address issues in relation to Wellness and Conditions of Service of CAPCJ members.

Purpose and Goals of the Special Committee:

The purpose of the "Special Committee" on Wellness and Conditions of Service is to encourage and promote a positive physical, mental and social well-being of judges through various initiatives and/or recommended conditions of service.

The Special Committee's goals include:

- Increasing awareness and factors contributing to the physical, mental and social well-being of judges;
- Identification of factors that are negatively impacting the physical, mental, and social well-being of judges, and providing recommendations to CAPCJ.
- Facilitating wellness communication through various on-line resources, workshops or education sessions to promote judicial wellness and working in a healthy environment;
- Working in collaboration with other committees where, for example, conditions of service may also involve issues of judicial independence, judicial ethics or education of judges to address mental and physical health as well as the social well-being of judges;
- Encouraging judges to access information and make healthy lifestyle choices;
- Encouraging judges' feedback and suggestions on future wellness programs and/or activities of the Committee.

For the purposes and goals of this "Special Committee," CAPCJ relies upon the World Health Organization definition of "wellness" being a state of complete physical, mental and social well-being, and not merely the absence of disease or infirmity.

Organization:

The "Special Committee" shall be led by a Chair and have at least one member from each province and territory in Canada. Membership includes a representative of the CAPCJ Executive as a Table Officer for this committee.

The Chair of the Committee shall conduct meetings of the Committee, draft the agenda for meetings and ensure that minutes of meetings are recorded. The Chair of the Committee will be required to submit reports to the Spring Meeting of the Board and the Annual General Assembly meeting and be available at the invitation of the President to attend those meetings.

If the Committee determines that an annual or special budgetary request would be required to fulfil its purpose and goals in a fiscal year, the Chair shall present a budget for approval by the Board.